UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

Corso di Laurea Magistrale in Attività Fisica e Salute (LM-67Int)

IMMATRICOLATI 2026-27

Ordinamento 2026

ORDINE DEGLI STUDI

1° Anno (a.a. 2026-27)

INSEGNAMENTO	CFU TOT	CFU SSD	SSD
Biomedical challenges and considerations in health andexercise	15	4 2 1 2 3 2 1	BIOS-06/A BIOS-10/A IBIO-01/A MEDF-01/A MEDS-05/A MEDS-07/B MEDS-08/A
Llifelong healthy habits: promoting physical activity from childhood to adulthood	15	4 1 5 1 4	GSPS-05/A GSPS-08/B MEDF-01/A PSIC-01/B PSIC-02/B
Enhancing well-being through movement therapy and physical activity for adult and special populations	15	1 1 6 3 4	BIOS-06/A BIOS-10/A MEDF-01/A MEDS-19/A PAED-01/A
Integrated research methodology in sport sciences	15	2 4 1 5 2 1	BIOS-10/A IBIO-01/A INFO-01/A MEDF-01/A MEDS-24/A PSIC-01/A
Totale CFU	60		

UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

Corso di Laurea Magistrale in Attività Fisica e Salute (LM-67Int)

IMMATRICOLATI 2026-27

Ordinamento 2026

ORDINE DEGLI STUDI

2° Anno (a.a. 2027-28)

INSEGNAMENTO	CFU TOT	CFU SSD	SSD
Acquisire 30 cfu fra insegnamenti del gruppo A e del gruppo B			
GRUPPO A: 2 insegnamenti obbligatori a scelta fra: (20-30 cfu)			
Ageing, physical activity and health: from theory to practice	15	9 3 1 2	MEDF-01/A BIOS-06/A GSPS-05/A NN
Exercise and performance in the growing child	15	9 3 1 2	MEDF-01/A BIOS-06/A MEDS-05/A NN
Movement therapy for special populations	10	6 2 1 1	MEDF-01/A MEDS-05/A MEDS-19/A NN
Physical activity for disease prevention in adults	15	9 2 2 2	MEDF-01/A BIOS-10/A IBIO-01/A NN
Physical activity in muscolo-skeletal post-traumatic rehabilitation	15	9 2 2 2	MEDF-01/A BIOS-06/A MEDS-19/A NN
Psychology of exercise and physical activity	10	6 2 1 1	MEDF-01/A PSIC-01/A PAED-01/A NN
GRUPPO B: da selezionare come attività complementare curricolare o extracurricolare			
Adapted physical activity in organ transplantation	5	1 3 1	MEDS-05/A MEDF-01/A NN
Counseling and exercise prescription for the diabetic patient	5	1 3 1	MEDS-05/A MEDF-01/A NN
Digital health – using wearable devices in research and clinical practice	5	1 3 1	INFO-01/A MEDF-01/A NN
Exercise therapy in the cardiopathic subjects	5	1 3 1	MEDS-05/A MEDF-01/A NN

UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

Corso di Laurea Magistrale in Attività Fisica e Salute (LM-67Int)

IMMATRICOLATI 2026-27

Ordinamento 2026

ORDINE DEGLI STUDI

Female athlete heatlh and performance	10	1 1 6 1 1	MEDS-05/A MEDS-08/A MEDF-01/A PSIC-01/A NN
Health and sports tech academy of value creation – intra- and entrepreneurship	5	1 3 1	IBIO-01/A MEDF-01/A NN
Performance - enhancement and anti-doping in sport and society	5	1 3 1	GSPS-05/A MEDF-01/A NN
Sustaining sport for development and peace programs	10	1 2 6 1	GSPS-05/A GSPS-08/B MEDF-01/A NN
Final Exam	30	30	---
Totale CFU	60		