UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

**Corso di Laurea Magistrale in Attività Fisica e Salute (LM-67Int)**

**IMMATRICOLATI 2025-26**

**Ordinamento 2025**

## ORDINE DEGLI STUDI

1° Anno (a.a. 2025-26)

| INSEGNAMENTO | CFU TOT | CFU SSD | SSD |
|---|---|---|---|
| Biomedical challenges and considerations in health andexercise | 15 | 2 | BIO/13 |
| | | 4 | BIO/09 |
| | | 1 | ING-INF/06 |
| | | 3 | MED/09 |
| | | 2 | MED/11 |
| | | 1 | MED/13 |
| | | 2 | M-EDF/01 |
| Llifelong healthy habits: promoting physical activity from childhood to adulthood | 15 | 1 | M-PSI/02 |
| | | 4 | M-PSI/04 |
| | | 5 | M-EDF/01 |
| | | 4 | SPS/07 |
| | | 1 | SPS/10 |
| Enhancing well-being through movement therapy and physical activity for adult and special populations | 15 | 1 | BIO/09 |
| | | 1 | BIO/13 |
| | | 6 | M-EDF/01 |
| | | 3 | MED/33 |
| | | 4 | M-PED/01 |
| Integrated research methodology in sport sciences | 15 | 5 | M-EDF/01 |
| | | 4 | ING-INF/06 |
| | | 1 | INF/01 |
| | | 2 | MED/01 |
| | | 1 | M-PSI/01 |
| | | 2 | BIO/13 |
| Totale CFU | 60 | | |

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## ORDINE DEGLI STUDI

2° Anno (a.a. 2026-27)

| INSEGNAMENTO | CFU TOT | CFU SSD | SSD |
|---|---|---|---|
| Acquisire 30 cfu fra insegnamenti del gruppo A e del gruppo B | | | |
| **GRUPPO A**: 2 insegnamenti obbligatori a scelta fra: (20-30 cfu) | | | |
| Ageing, physical activity and health: from theory to practice | 15 | 9<br>3<br>1<br>2 | M-EDF/01<br>BIO/09<br>SPS/07<br>NN |
| Exercise and performance in the growing child | 15 | 9<br>3<br>1<br>2 | M-EDF/01<br>BIO/09<br>MED/09<br>NN |
| Movement therapy for special populations | 10 | 2<br>1<br>6<br>1 | MED/09<br>MED/33<br>M-EDF/01<br>--- |
| Physical activity for disease prevention in adults | 15 | 9<br>2<br>2<br>2 | M-EDF/01<br>BIO/13<br>ING-INF/06<br>NN |
| Physical activity in muscolo-skeletal post-traumatic rehabilitation | 15 | 9<br>2<br>2<br>2 | M-EDF/01<br>BIO/09<br>MED/33<br>NN |
| Psychology of exercise and physical activity | 10 | 2<br>1<br>6<br>1 | M-PSI/01<br>M-PED/01<br>M-EDF/01<br>--- |
| **GRUPPO B**: da selezionare come attività complementare curricolare o extracurricolare | | | |
| Adapted physical activity in organ transplantation | 5 | 1<br>3<br>1 | MED/09<br>M-EDF/01<br>--- |
| Counseling and exercise prescription for the diabetic patient | 5 | 1<br>3<br>1 | MED/09<br>M-EDF/01<br>--- |
| Digital health – using wearable devices in research and clinical practice | 5 | 1<br>3<br>1 | INF/01<br>M-EDF/01<br>--- |
| Exercise therapy in the cardiopathic subjects | 5 | 1<br>3<br>1 | MED/09<br>M-EDF/01<br>--- |

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| | | | |
|---|---|---|---|
| Female athlete heatlh and performance | 10 | 1<br>1<br>6<br>1<br>1 | MED/09<br>MED/13<br>M-EDF/01<br>M-PSI/01<br>--- |
| Health and sports tech academy of value creation – intra- and entrepreneurship | 5 | 1<br>3<br>1 | ING-INF/01<br>M-EDF/01<br>--- |
| Performance - enhancement and anti-doping in sport and society | 5 | 1<br>3<br>1 | SPS/07<br>M-EDF/01<br>--- |
| Sustaining sport for development and peace programs | 10 | 1<br>2<br>6<br>1 | SPS/07<br>SPS/10<br>M-EDF/01<br>--- |
| Final Exam | 30 | 30 | --- |
| Totale CFU | 60 | | |