



LIVE WEBINAR | Tuesday, November 4th 2025

PHYSICAL ACTIVITY AND EXERCISE IN ONCOLOGY: THE METASTATIC CANCERS CHAPTER

MODERATORS

Dr. Valentina Natalucci, University of Milan

Dr. Alice Avancini, University of Verona

EVENT PROGRAM

- 14:00-14:15 | OPENING SESSION
Prof. Francesco Fischietti | University of Bari "Aldo Moro"
- 14:15-14:30 | *The burden of symptoms and the impact on physical exercise on the patient-reported outcomes*
Dr. Christian Ciurnelli | University of Verona
- 14:30-14:45 | *Exercise on physical fitness in metastatic cancer: what evidence?*
Prof. Elisa Grazioli | University of Rome "Foro Italico"
- 14:45-15:00 | *Meta-dinamiche Project*
Dr. Claudia Maggiore | Agostino Gemelli University Hospital Foundation - Rome
- 15:00-15:15 | *Case study 1: Exercise to increase quality of life in patients with a single-organ involvement metastasis*
Dr. Alice Avancini | University of Verona
- 15:15-15:30 | *Case study 2: Exercise in patients with multiple-organ involvement metastasis*
Dr. Leandro Ditali | University of Chieti-Pescara
- 15:30-16:15 | ROUND TABLE
What is the pathway to refer patients with metastatic cancer to an exercise program?
Dr. Armando Orlandi | Fondazione Policlinico Universitario "A. Gemelli" IRCCS di Roma
Dr. Daniela Tregnago | University of Verona
Dr. Rosario Lordi | Presidente Associazione Italiana degli Specialisti dell'Esercizio Fisico
Dr. Claudia Maggiore | Agostino Gemelli University Hospital Foundation - Rome

REGISTRATION LINK:

<https://forms.gle/1MiBxB6pp5voK6bz6>



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