

**Francesca Romana Lenzi**

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piazza Lauro de Bosis 15, 00135 Rome (Italy)

Brief

Francesca Romana Lenzi PhD is Professor of Sociology at University of Rome "Foro Italico. Member of Scientific Committee of PhD in History and Cultures of Europe (Sapienza University of Rome) and member of National PhD in Peace Studies (Sapienza University of Rome). Rector delegate for Gender themes and for UniPeace Network. President of CUG - Joint Committee for Equal Opportunity of University of Rome "Foro Italico". Member of the Board of Directors of the Italian Wellness Alliance, within the NCD Alliance. Member of the Board of Directors and of the Data Analysis Board of Health City Institute. Membro del Comitato Scientifico di AIS SPORT. She is the author of more than 80 publications. Between them, 37 articles of which more than 10 included in WoS and SCOPUS database and 6 professional monographs. Research interests: sociological theory and methodology of social research applied to social identity and urban health, social determinants of health vulnerabilities and inequalities, social peripheries. Orcid 0000-0002-3591-6380

Position

Associate Professor in General Sociology (SSD SPS/07) at Università degli Studi di Roma Foro Italico. National Scientific qualification as Full professor in the Italian higher education system, in the call 2021/2023 (Ministerial Decree n. 553/2021 and 589/2021) for the disciplinary field of 14/C1 - General sociology. (Academic Recruitment Field 14/C - Sociology, according to the national classification).

Education

2011 PhD in History of Europe (Sapienza University of Rome)
2007 MA in International Relations (LUISS University) 110 laude
2004 Bachelor degree in Political Sciences (LUISS University) 110 laude
2016 Bachelor degree in Psychology and social processes (Sapienza University of Rome) 110 laude

Languages

Italian (mother tongue), English, Spanish, French.

Digital skills

Office, SSPSS

Teaching activity

Since 2018: Università degli Studi di Roma Foro Italico (PA);
2008-2018: European University of Rome (PA);
2013-2020: Temple University (Philadelphia-Rome) (faculty);
Since 2016: Pontificio Ateneum Regina Apostolorum (MA scientific board);
Since 2015: UniTelma Sapienza University of Rome (faculty);
2011-2013: LUISS University of Rome (faculty)
2017: University of Perugia (Narni) (faculty);

Since 2016: Sapienza University of Rome. (Scientific board of the doctorate on “History of Europe”)
2009: MA Gruppo24ore: “Il Advanced training course in management of international projects “

Main teaching topic

Sociology of prevention, epidemiology and health education, Sociology, media and sport, Sociology and training in sport organizations, Sociological issues on Physical Health, Methodology of social research.

Awards

VQR 2004-2010 Excellent 3.21.

Institutional academic and research responsibilities

Since 2010 to 2016: Delegate for inter-university cooperation and with the Minister of Foreign Affairs and Member of the Commission for the post lauream evaluation and of the Institutional Relations Commission for Università Europea di Roma

Since 2014: Post lauream Rector’s delegate f for Università Europea di Roma

SINCE 2016: PARITETIC COMMISSION MEMBER - European University of Rome

2018-2019: Interuniversity Cooperation Counselor per Temple University Roma-Philadelphia

2020: Discussant on health issues related to the pandemic at Temple University – Rome;

Since 2016: Member of ANVUR statutory auditors on SH_3 topics (SPS07);

Since 2017: Referent of Spe (Sociologia per la Persona) at Università Europea di Roma and Università degli Studi di Roma Foro Italico

Since 2016: Member of AIS Associazione Italiana di Sociologia

Since 2018: Member of the Quality Presidium for the review (LM67) for the University of Rome Foro Italico

Since 2019: Appointed member of the Single Committee of Guarantors for the University of Rome Foro Italico

Since 2021: Rector delegate for gender equality (CRUI commission) – Foro Italico University

Since 2022: ANVUR referee (IN PROCESS)

Since 2019: Member of Laboratory of Psychology and Social Processes in Sport, Foro Italico University

Since 2019 delegate for the university for the European projects EduPact and Edmedia (see later)

Since 2024: expert of the Quality Agency for Higher Education (Academic Information Centre)

Latvia <https://eplatforma.aika.lv/index.php?r=site%2Flogin>

Since 2024 - Expert Technologist for Higher Education at *Rome Technopole (Rome)*.

Member of scientific board

Since 2016: Member of Scientific Board of “Festival of Sociology”(Narni);

Dal 2015: Member of Scientifica Committee of MA in Philosophical Counseling and Existential Anthropology - Philosophical Faculty, APRA – Pontificium Athenaeum Regina Apostolorum

Since 2017: member of Directive Board and of data analysis board of Health City Institute

<http://healthcitythinktank.org>

Since 2020 Member of ISA - Italian Scientists Association <https://www.isa2020.eu/?pag=home>

Since 2021 to today: Member of the Urban Obesity Study Group of the Center for Study and Research on Obesity (CSRO) of the University of Milan

Since 2024: Member of the Scientific Committee of the editorial series "Innovative social research" published by McGraw-Hill Education

Since 2023: Member of Scientific Board of AIS Sport – Italian Sociological Association, sport section.

Of which, Phd Boards

Since 2016: Member of Scientific Board of Phd History and Cultures of Europe (cod. 11115), (Sapienza University of Rome)

Since 2024: Member of Scientific Board of Phd in "peace studies" (Sapienza University of Rome)
Since 2020 Tutor of the Phd Board of of Human Movement and Sport Sciences, Università degli Studi di Roma "Foro italoico"

Member of editorial boards

Since 2021: Co-editor in chief of Sport City Journal (SportCity Foundation)
Since 2020: member of Scientific Committee of the editorial series Immaginari sociologici e mutamenti sociali. Collana di studi e ricerche su società, cultura e lavoro , Aracne editore
Since 2004: member of editorial board of GEopolitica.info Review
Since 2013: Member of Editorial Board of Anuarul Institutului Italo-Român de Studii Istorice, Cluj Napoca, Romania
Since 2022: Editor in chief for Nutrients
Since 2022: member of editorial board of Eracle, Sport & Social Sciences
Since 2022: member of editorial board of CusSoc, Culture e Studi del Sociale Review
Since 2022: Member of Topical Advisory Panel of " Sustainability " review (Mdpi);
Since 2022 - Associate Editor in Frontiers in Sociology - branch of Sociological Theory;
Since 2023: Editor in Chief - "Current Social Sciences" section Sociology, Bentham Science Publishing. Indexed by J-Gate e British Library. ISSN (Print): 2772-316X, ISSN (Online): 2772-3178).
Since 2023 - reviewer board member " World " Mdpi - indexed by FSTA, AGRIS, RePEc, e altri databases.
Since 2023 - editorial board member - " Universal Journal of Public Health " - Horizon Research Publishing corporation
Since 2023 - editorial board of AG About Gender - International Journal of Gender Studies. ISSN 2279-5057 –

Member of Directive Boards

Since 2024 - Member of the Board of Directors of the Italian Wellness Alliance, within the NCD Alliance.
<https://ncdalliance.org/>

Participation in national research projects

Member of Research Unit:
2007-2009: PRIN – prot.nr. 2007FTLA8Z_001
2009-2011: PRIN prot.nr. 20094ASBHL_001)
2010-2013- FIRB prot. nr. RBFRO861YE_002

Unit chief

- 2021 - PRIN– prot. nr. 2020NCKXBR 2021 - 2024 PRIN– prot. nr. 2020NCKXBR Susceptibility to Infectious Diseases in obesity: an endocrine translational socioLogic Evaluation (SIDERALE)."
- Cariplo 2022 - '2024 'Dietary fructose: a metabolic switch in pediatric obesity-related diseases. Identification of nutritional, biological, omics, and social determinants" - "Cibo e salute"

Financed by the European Union, as Member of Italian unit

- EDU PACT project 2019-2021 [http://edupact.sporteducation.eu](http://edupact.sporteducation.eu;);
- ED Media project 2019-2021 <http://www.uniroma4.it/?q=node/4559>.

Head of doctoral scholarships on " research and innovation" 2014-2020 - action iv.5 "

- Head of Doctoral Scholarship PON Sapienza :
- Titolo: A green urban lifestyle: le determinanti socioculturali per uno stile di vita sostenibile della e nella città/ A green urban lifestyle: the socio-cultural determinants for a sustainable lifestyle of and in the city
- Azienda ospitante: Center for Outcomes Research and Clinical Epidemiology s.r.l. - Corso Umberto I, 103 – 65124 Pescara (Pe)
- Responsible for 2 PHD scholarships PON Foro Italico:
- Stock Exchange Title 1 - "Green city, health city, smart city: optimization of urban energy use and improvement of the quality of life. The Alosys Switch case study".
- Stock Exchange Title 2 - "Green health: a sustainability challenge for the prevention and monitoring of urban health. The Heremos case study".

Research activity

Fields: Sociological theory and methodological research applied to deviance (stigmatization, labelling processes), social identity, sociology of prevention and lifestyles (urban health, nutrition transition).

- 2004: Fellowship CERSDU – Human Rights Research and Study Center - Libera Univ. Inter.le Studi Sociali "Guido Carli" LUISS (Rome)
- 2006 - Research Internship - UN ECLAC United Nations Economic Commission for Latin America, Santiago (Chile)
- 2006: Research activity for Pontificia Universidad Católica de Santiago de Chile
- 2007-2015: Researcher Army General Staff - Historical Office (AUSSME)
- 2007-2018: Research collaborator at the Center for Research and Studies on human rights in the era of globalization and conflicts, Naples
- 2007: Research fellow, Ministry of Foreign Affairs - III office, DGCE (Economic and Financial Cooperation), Rome (Italy). Cooperation with "Sole 24 ore" on data analysis
- 2008: fellowship - CEDIM, Center of Research in Economy and Market law, Sapienza University of Rome
- 2009: Participant, faculty member, presenter of papers 3rd edition of the Youth Innovation Competition on Global Governance-YICGG 2009 participant, paper presentation coordinator Georgian Ilia Chavchavadze State University, Tor Vergata University of Rome, Fudan University (Shanghai). Tbilisi (Georgia)
- 2009: Coordinator of international master in "Interuniversity cooperation to peace and Humanitarian Affairs" Sapienza Università di Roma and Ministry of Foreign Affairs EUFOR NATO SARAJEVO - Butmir camp, BiH
- 2010: Project assistant – OECD Leed Program, Trento (Italy), on data analysis
- 2013: Fellowship - Universidad Nacional de Lanús (Buenos Aires, Argentina)
- 2013: Fellowship - Ludwig Boltzmann Institute of Human Rights (BIM), Vienna, Austria
- 2016: Sapienza University of Rome Research Project: "Straniero. Percorsi di analisi in Sociologia." (prot. 116154C3451B24). DR n. 3210/16

Other skills

- Since 2012: Title of equestrian operator for disability and childhood at Ciampacavallo Onlus - Ovale training center (winner of the Lazio region competition)
- 2011-2014: Operator at Ciampacavallo Onlus

More recent Publications

2024

Lenzi F.R., Spalletta M., Esposito V., *Cyber atleti. Identità, rappresentazioni e autorappresentazioni*

dentro e fuori lo spazio eSportivo in Mario Tirino, Pippo Russo, Simona Castellano (a cura di), *L'atleta digitale*, Firenze : editpress, 2024.

2024

Lenzi, F. R., De Falco, C. C., Iazzetta, F., Esposito, V., & Capuano, M. E. (2024). Audiovisual Languages for Health. Social Representations of Obesity on TikTok: A Case Study. *Italian Sociological Review*, 14(10S), 787–808. <https://doi.org/10.13136/isr.v14i10S.7472024>

2024

Lenzi, F.R.; De Falco C.C., Mari F., *Urban Vibrancy in Roma's Neighbourhoods: A Case Study*. In Masullo G., Maiello G., *The Fields of Digital Research: Theoretical, Methodological and Application Challenge*. V *INTERNATIONAL CONFERENCE INTERNATIONAL LAB FOR INNOVATIVE SOCIAL RESEARCH (ILIS) Rethinking social theories and methods in a digital society (Prague, June 2023)*. Pp.115-130. ISBN: 9788838613517

2024

Lenzi F.R. et al. *New knowledge and operative framework of urban health*. Acta Biomed [Internet]. [cited 2024 Jun. 25];95(4):e2024122. <https://www.mattioli1885journals.com/index.php/actabiomedica/article/view/16062>

2024

Lenzi, F.R.; Ciofalo, G.; Ciammella, F. Communication and Social Sustainability: Information Disorder and the Risk of Pollution in the Italian Hybrid Media Ecosystem. *Sustainability*, 16, 478. <https://doi.org/10.3390/su16020478>

2023

Lenzi F.R., Napier D., Giles-Vernick T. Volkmann A.M., Vaccaro K., "Drawing a pandemic vulnerabilities' map: the sonar global digital analysis and its output" In *Frontiers in sociology*.

2023

Lenzi F.R., Iazzetta F. "Mapping obesity and diabetes' representation on Twitter: the case of Italy, *Frontiers in Sociology*, vol.8, 2023

2023

Lenzi, F.R.; De Falco, C.C.; Iazzetta, F.; Coppola, G.; Capuano, M.E. Sustainability and Sport: An Exploratory Study on Students of Rome's Universities. *Sustainability*, 15, 16911. <https://doi.org/10.3390/su152416911>

2023

Lenzi F.R., De Falco C. C., and Coppola G. "Sport E Guerra in Ucraina: L'impatto Della Crisi Sulla Performance Nel Calcio". *Eracle. Journal of Sport and Social Sciences* 6 (2), 4 - 33. <https://doi.org/10.6093/2611-6693/10604>.

2023

Lenzi F.R. et al., "Performing group-based physical activity (GBPA) in the workplace. Survey and sociological considerations of the "Happy Bones" project." In *Sustainability review*

2023

Lenzi, F.R., Esposito, V.; Addeo, F.; D'Auria, V.; The Sustainability of Emerging Social Vulnerabilities: The Hikikomori Phenomenon in Southern Italy. *Sustainability* 2023, 15, 3869. <https://doi.org/10.3390/su15043869>

2023 (Monografia)

LENZI F.R. (2023). *La sede dell'identità. L'Europa come laboratorio in Norbert Elias*. ROMA: Carocci Editore, ISBN: 9788829018857

2023

Lenzi F.R., Bortoletto N., "Forme dell'associazionismo sportivo italiano. Considerazioni e spunti per una sociologia minima." in Taddei L., Diana P., *Sport per la rigenerazione sociale. La prospettiva sociologica nello studio delle pratiche quotidiane*, Pellegrini editore (Cosenza), isbn 979-12-205-0244-3

2023

Addeo F., Esposito V., Lenzi F.R. " Game-Based Method: il videogame come metodo. Riflessioni da una esperienza di ricerca sugli Hikikomori".In *Metodi creativi in pratica. Un laboratorio aperto*, a cura di Alberta Giorgi, Micol Pizzolati e Elena Vacchelli, Bergamo: Università degli Studi di Bergamo, 2023. ISBN 979-12-210-4940-4 (PDF) DOI: 10.13122/979-12-210-4940-4

2022

(FASCIA A) LENZI F.R., TRUGLIA F.G. (2022). *Territorial spillover of Covid-19 infections in Rome during the "second wave"*. FRONTIERS IN SOCIOLOGY, ISSN: 2297-7775, doi: 10.3389/fsoc.2022.1066396

2022

LENZI F.R., VACCARO M.C. (2022). *Ageing, urban vulnerability and COVID-19: the SoNAR global project*. EUROPEAN SOCIOLOGIST, vol. 48, ISSN: 2415-6426

2022

(FASCIA A) LENZI F.R., FILARDI T., *Social determinants of vulnerabilities in type 2 diabetes: a call to action*. JOURNAL OF ENDOCRINOLOGICAL INVESTIGATION, vol. 45, ISSN: 1720-8386, doi: <https://doi.org/10.1007/s40618-022-01952-x>

2022

Lenzi FR et al, Symptoms of Orthorexia Nervosa are associated with time spent on social media: a web-based survey in an Italian population sample. *Eur Rev Med Pharmacol Sci*. 2022 Dec;26(24):9327-9335. doi: 10.26355/eurrev_202212_30683. PMID: 36591841.

2021

LENZI F.R., "The ambivalence of the city. From classical thought to the pandemic". In *The Labs Quarterly*. XXIII, 4.

2021

LENZI F.R, Strangeness as a difference in value systems: Florian Znaniecki's stranger. *Studi di Sociologia*, 0039291X

2021

LENZI F.R., "Forms of Capitalism in Simmel". *Studi di Sociologia*, 3/2021, 0039291X,

2021

book

LENZI F.R. et al., *La metropoli continua. Storia e vita sociale del quadrante sud di Roma*, Roma: Stampa Editrice Sapienza SUE

2021

LENZI F.R., *Covid-19: rethinking global society*. *Italian Sociological Review*, 1/2021, ISSN 2239-8589

2021

LENZI F.R., *La volatilità degli apparati politici. La teoria weberiana e il mutamento elettorale a Roma*. In "Max Weber: Teorie sociologiche e politica", a cura di Massimo Pendenza. Isbn 9788835115786

2021

LENZI F.R., VACCARO K., *L'approccio multidimensionale all'urban health nella città di Roma*, in "Report Cities Changing Diabetes Roma 2020"

2021

LENZI F.R., Considerations and researches into the first Italian sociology on colonialism, race and racism. In AA.VV., *EST MODUS IN REBUS. Scritti in onore di Maria Caterina Federici*. Gambini Editore (Tr). ISBN: 979-12-8078-717-0

2020

LENZI F.R., *La questione dell'identità nell'incontro con l'altro in Robert Michels*. In "Robert Michels. Un intellettuale di frontiera." A cura di Raffaele Federici, Meltemi, Roma pp. 177-190, ISBN 9788855192767

2020

LENZI F.R., *Identità tedesca e futuro europeo: Georg Simmel e il primo conflitto mondiale*. In "L'ultimo Simmel. Esiti e aperture di un percorso intellettuale." A cura di Fabio D'Andrea, Maria Caterina Federici, Meltemi, Roma pp. 305-325, ISBN 9788855191654

2019

LENZI F.R., *Confini etnici, segregazioni simboliche. Il caso di Roma tra enclaves e diffusione urbana.*, in "Sicurezza e Scienze Sociali", 1/2019, Franco Angeli editore

2019

LENZI F.R., VACCARO K., *Il valore della multidimensionalità nell'approccio dell'Urban Health*, in "Sicurezza e Scienze Sociali", 1/2019, Franco Angeli editore

2019

LENZI F.R., *La sfida dell'identità per l'Europa*. In Working Papers del CSE, 19/03, CSE WORKING PAPERS 19 | 03: settembre 2019 Università degli Studi di Salerno, pp. 1-17, ISBN 979-12-80042-08-8

2019

LENZI F.R., *IDENTIFICARSI. Dicotomie della moda e processi di imitazione nelle teorie sociologiche*. In "La forza della moda. Potere, rappresentazione, comunicazione", a cura di Giovanna Motta, edizioni Nuova Cultura, Roma, ISBN 9788833652306, PP. 249-254

2019

LENZI F.R., *Il rapporto intergenerazionale come fattore di coesione sociale*, in Conti U, Federici M.C. (a cura di), "I luoghi del possibile. Sociologia dell'abitare e del co-housing", Carocci, pp.111-120

2019

LENZI F.R., *Identidad y sociedad postmoderna*, In Luís António Umbelino; Federica Puliga; Antonio B. M. Lima (a cura di), "Caminhos contemporâneos da Antropologia Filosófica: percorsi contemporanei di antropologia filosofica", Porto Alegre, RS: Editora Fi, ISBN - 978-85-5696-569-1, pp. 295-302

2018

LENZI F.R. *Prospettive di analisi della città contemporanea. Il caso di Roma*. In: "Rapporti di potere e soggettività. Identità autonomia territori." Roma: Novalogos. ISBN 978-88-97339-84-7 pp.265-287

2018

book

Monografia - LENZI F.R. et. al., *Straniero. Percorsi di analisi in sociologia*, Aracne editrice. ISBN 978-88-255-1803-0

2018

Lenzi F.R. (2018). *Identità individuale e identità storica nell'Europa della tarda modernità*. In: (a cura di): Lucio D'Alessandro; Arianna Montanari, *Diseguaglianze e crisi della fiducia. Diritto, politica e democrazia nella società contemporanea*. p. 55-66, ISBN: 978-88-917-7092-9

2018

LENZI F.R. (2018) *The Recognition of Self through the History of Individual and Social Identities*. In: (a cura di): Giuseppe Motta, *Dynamics and Policies of Prejudice from the Eighteenth to the Twenty-first Century* . p. 319-326, CAMBRIDGE: CAMBRIDGE SCHOLARS PUBLISHING, ISBN: 1-5275-0862-5

2017

Lenzi F.R. *Cultura dell'errore e tipologia di leadership nelle organizzazioni*. In "Sociologia", vol. 1/2017, ISSN: 0038-0156

2017

LENZI F.R. *Freud and his war. A socio-historical perspective from the awareness to the metaphor of "draining" the Zuider Zee (1910-1932)* . "Sociologia", ISSN: 0038-0156, doi: 9788849235531

2017

LENZI F.R. *Aspetti socio-giuridici del peacekeeping*. In "Sociologia Del Diritto", pp. 85-104, ISSN: 0390-0851

2017

LENZI F.R. *Cibo e mutamenti globali. La transizione nutrizionale*. In "Comunicazionepuntodoc", ISSN: 2282-0140

2017

LENZI F.R. *FAST FASHION: The Globalization of Dressing in Postmodernity and the Inditex (Zara) Case Study* . In Giovanna Motta and Antonello Biagini (a cura di), "Fashion through History: Costumes, Symbols, Communication", vol. 1, Newcastle: Cambridge Scholars Publishing, ISBN: 1-5275-0344-5

2017

LENZI F.R. *Identità e cibo in transizione*. In: Giovanna Motta and Antonello Biagini (a cura di), "Food & Culture. History, society, communication." vol. 3, p. 263-268, Roma: Editore Nuova Cultura, doi: 10.4458/8524

2017

LENZI F.R., IANNINI E.A, LIMONCIN E., M CIOCCA G. (2017). *DCA di massa: metafora e rappresentazione della sessuopatia*. In "Comunicazionepuntodoc", vol. 16, p. 189-200, ISSN: 2282-0140

2017

LENZI F.R. *Profili Sociologici e Sfide Diplomatiche dell'A.F.I.S. Amministrazione Fiduciaria Italiana della Somalia*. In "Filosofia Dei Diritti Umani", p. 23-31, ISSN: 1129-972X

2016

LENZI F.R. *Oltre le periferie*. In Mario Morcellini (a cura di), "Una cultura per la società dell'informazione. 4° dialogo sulla sostenibilità", p. 37-42, Roma: Università degli Studi di Roma "La Sapienza", ISBN: 9788898533855

2015

LENZI F.R. *SOSPENSERSI. Corpo, dolore ed espressione rituale nel postmoderno*. In "Archivio Antropologico Mediterraneo", vol. 18, ISSN: 2038-3215

2014

LENZI F.R. *L'ANVUR e la valutazione della ricerca nelle humanities and social sciences*. In "Federalismi.It", vol. 23, ISSN: 1826-3534