



UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

PhD Program in Human Movement and Sport Sciences University of Rome "Foro Italico"

Explore the Frontiers of Human Movement and Sports Science

Are you passionate about human movement and sports? Do you aspire to contribute to groundbreaking research in the field? Join our prestigious PhD program in Human Movement and Sport Sciences at the University of Rome "Foro Italico"!

Our PhD program offers an interdisciplinary approach, combining expertise in areas such as biomechanics, physiology, psychology, and motor learning. The aim is to train the next generation of researchers and professionals capable of advancing knowledge and innovation in human movement and sports.

Program Highlights

- **Cutting-Edge Research:** Access state-of-the-art laboratories and facilities to conduct high-impact research.
- **International Collaboration:** Engage in projects with international partners and gain global perspectives on your research.
- **Comprehensive Curriculum:** Our program covers a wide range of topics, ensuring a well-rounded education and research experience.
- **Professional Development:** Benefit from workshops, seminars, and conferences designed to enhance your academic and professional skills.

Program structure

The PhD program spans three years, during which students will engage in a combination of coursework, research, and professional development activities. In addition to laboratory research activities, coordinated by a tutor, specific educational activities such as Advanced Research Methods, Biostatistics, Scientific writing are provided. In addition, students are encouraged to participate to international conferences and workshops and to carry part of their research activities abroad.

Research Areas

The program covers a broad range of research areas, including but not limited to:

- Biomechanics and Motor Control
- Exercise Physiology
- Sport Psychology
- Health and Physical Activity
- Motor Learning and Development
- Sports Medicine and Rehabilitation
- Adapted Physical Activity

Admission Requirements

In order to be considered for the selection in the PhD program, candidates must provide:

- Information about their Graduate Studies, including the title, grades and university credits for each teaching course followed during the Graduate University Program; the title of the thesis and the name of the thesis supervisor; the final mark of the Graduate studies Degree.
- A Curriculum vitae (the EU format is suggested).
- Two letters of reference written by two university scholars or non-university experts in the field.
- A research project, consistent with one of the general topics listed in the PhD call annually issued.



Application Process

- **Online Application:** Complete the online application form available on the university's website.
- **Document Submission:** Upload the documents listed in the PhD call:
- **Interview:** Shortlisted candidates will be invited for an interview, which may be conducted online or in person.



Scholarships and Funding


- The gross yearly amount of the scholarship is € 16.243,00.
- The amount of the PhD scholarship will increase of 50% during research periods abroad.
- Each doctoral student receives, starting with the first year of the program, a research budget corresponding to 10% of the PhD scholarship amount for his/her research activities.



Career Prospects

Graduates of our PhD program are well-prepared for various career paths, including:

- Research roles in government agencies and private sector organizations.
- Consultancy in sports science and health promotion.
- Leadership positions in sports organizations and federations.
- Academic positions in universities and research institutions.



Why Choose Us?

- **Location:** Study in the heart of Rome, a city rich in history and culture, offering a unique environment for your academic journey.
- **Expert Faculty:** Learn from and collaborate with leading experts in various disciplines related to human movement and sports science.
- **State-of-the-Art Facilities:** Access cutting-edge laboratories and research facilities.
- **International Collaboration:** Engage in projects with international partners and gain global perspectives on your research.
- **Double PhD degree:** Possibility to activate cotutelle agreements with foreign universities.
- **Funds:** A gross annual scholarship of €16.243,00, with a 50% increase for research periods spent abroad, and an additional research budget equal to 10% of the scholarship amount from the first year.

Contact Us

For more information, please visit our [website](#) or contact our office at ufficio.dottorati@uniroma4.it