



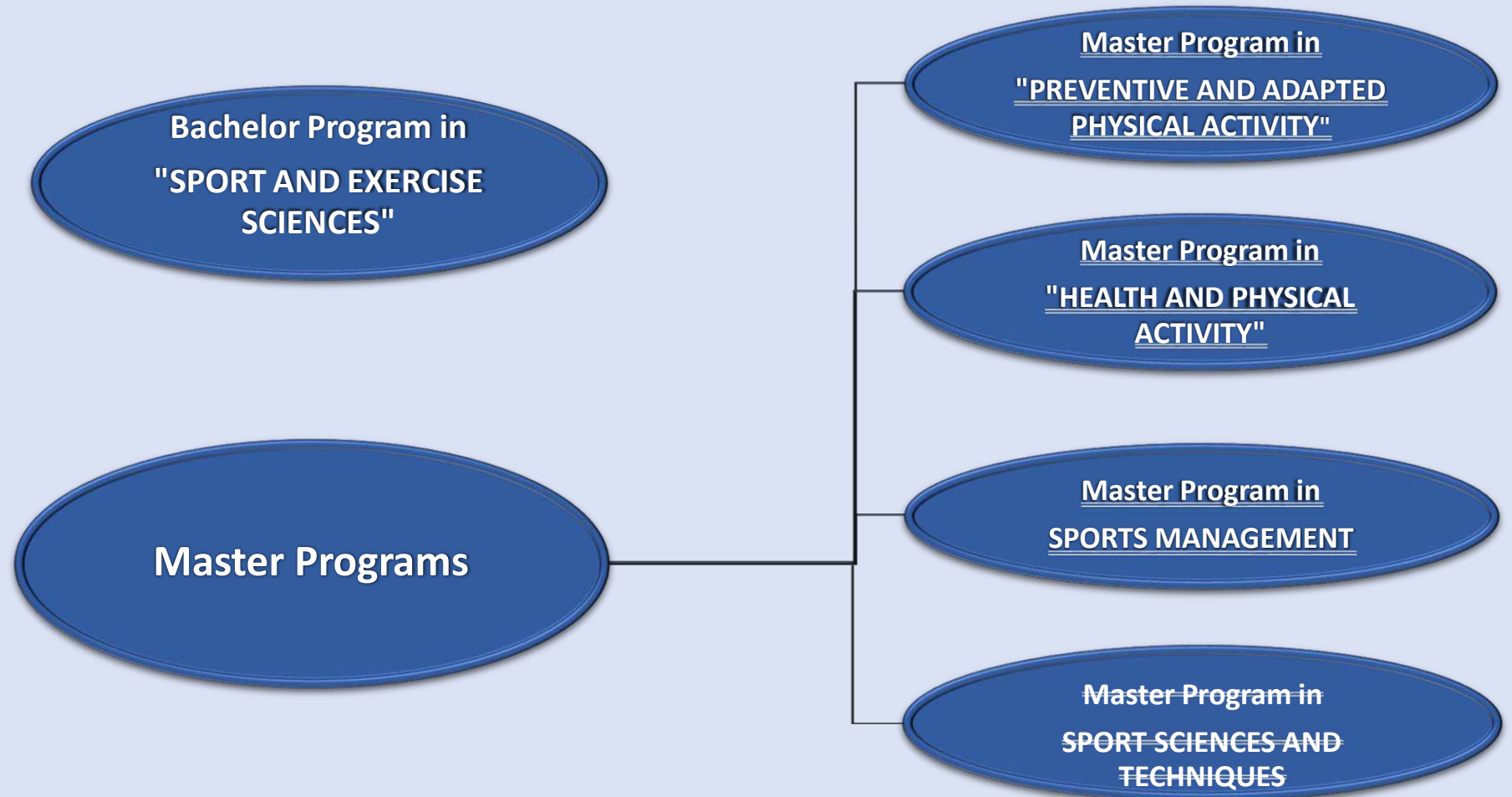
UNIVERSITY OF ROME “FORO ITALICO”

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ACADEMIC OFFER



University Of Rome "Foro Italico"





UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

L22 (Bachelor) - SPORT AND EXERCISE SCIENCES

1st YEAR

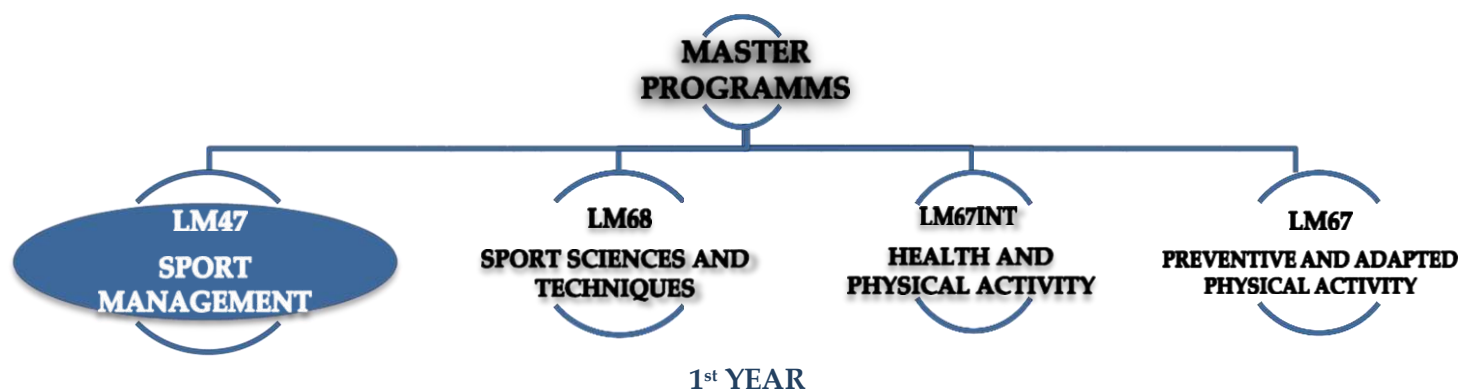
<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NOTES</u>
Anatomia Applicata all' Attività Motoria e Antropometria	Applied Anatomy of Motor Activity and Anthropometry	12	Annual	L22-01	
Biologia e Biochimica Generale e Umana	General and Human Biology and Biochemistry	12	Annual	L22-02	
Basi dell' Attività Motoria	Bases of Movement Activities	7	Annual	L22-06	
Giochi Sportivi	Team Sports	7	Annual	L22-09	
Pedagogia Generale e Dello Sport	General and Sport Pedagogy	7	2 nd Semester	L22-14	
Lingua Straniera: Inglese 1 (A2/B1 Livello)	English 1: The Language of Sport	4	2 nd Semester	L22-22A	No Mark
Lingua Straniera: Spagnolo 1 (A2/B1 Livello)	Spanish 1: The Language of Sport	4	2 nd Semester	L22-44	No Mark

2nd YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NOTES</u>
Fisiologia Umana e dello Sport	Human and Sport Physiology	10	Annual	L22-03	
Attività Motoria per l'età Evolutiva e gli Anziani	Physical Activity for Children, Adolescents and Older Adults	9	Annual	L22-07	
Sport Individuali	Individual Sports	12	Annual	L22-11	
Fondamenti di Economia Aziendale e Gestionale e Istituzione di Diritto Pubblico	Basic Management and Public Law	8	Annual	L22-13A	
Psicologia Generale e Dello Sport	Introductory and Sport Psychology	10	Annual	L22-16	
Ulteriori Conoscenze Linguistiche - Inglese (B1/B2 Livello)	English 2	4	1 st Semester	L22-23	No Mark
Ulteriori Conoscenze Linguistiche - Spagnolo (B1/B2 Livello)	Spanish 2	4	1 st Semester	L22-45	No Mark

3rd YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NOTES</u>
Biomeccanica e Traumatologia dell'Attività Motoria	Biomechanics and Traumatology of Motor Activity	10	Annual	L22-04A	
Endocrinologia e Medicina dello Sport	Endocrinology and Sport Medicine	12	Annual	L22-05A	
Attività Motoria Preventiva e Adattata	Preventive and Adapted Physical Activity	8	Annual	L22-08	
Sport Natatori e Prevenzione negli Impianti Sportivi	Swimming Activities and Prevention in Sport Facilities	12	Annual	L22-10	
Didattica e Pedagogia Speciale e psicologia dello Sviluppo e dell'Educazione	Didactic and Special Education, Developmental Psychology and Education	9	Annual	L22-15A	
Teoria e Metodologia dell'Allenamento e Qualità degli Impianti Sportivi	Theory and Methodology of Training and Quality of Sports Facilities	7	1 st Semester	L22-12	



<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NO TES</u>
Economia Aziendale	Business Administration	19	Annual	LM47-02C	
Comunicazione, Media e Tutela Sanitaria nelle Attività Motorie e Sportive	Communication, Media and Health protection in Physical Activity	9	1 st Semester	LM47-05B	
Teoria, Regolamentazione e Organizzazione delle Attività Motorie e Sportive	Theory and Organization in Sport and Physical Activity	8	1 st Semester	LM47-06	
Diritto dell'Ordinamento Sportivo	Sport Law	6	1 st Semester	LM47-01	
Psicologia dell'Organizzazione	Organizational Psychology	6	2 nd Semester	LM47-04	
Lingua Straniera	Business English	6	2 nd Semester	LM47-10	No Mark

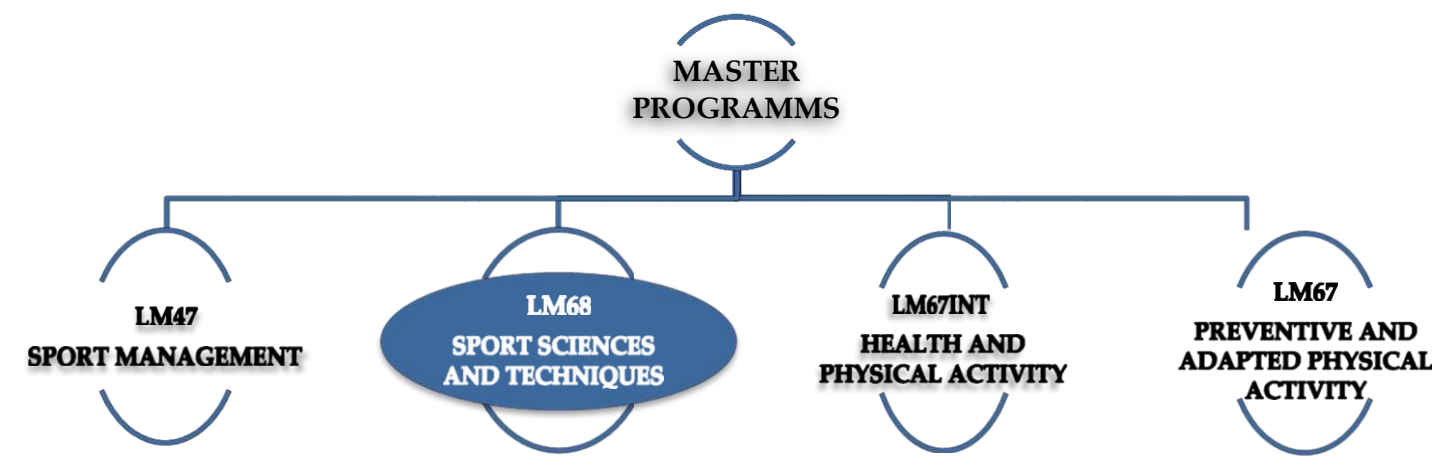
2nd YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NOT ES</u>
Strategie e Marketing nel Settore dello Sport	Strategy and Marketing in the Sport Sector	15	Annual	LM47-12A	CV1 ¹
Giustizia Sportiva e Giurisdizione Statale	Sport Justice and State Jurisdiction	10	Annual	LM47-20	CV2 ¹
Diritto Commerciale e Tributario dello Sport	Taxation and Business Law	10	Annual	LM47-21	CV2 ¹
Sociologia e Formazione nelle Organizzazioni Sportive	Sociology and Learning in Sport Organisation	9	Annual	LM47-11A	CV1 ¹
Diritto Amministrativo	Administrative Law	8	1 st Semester	LM47-16	CV1/2 ¹
Diritto Privato dello Sport	Sport And Private Law	6	1 st Semester	LM47-22	CV1/2 ¹
Marketing dello Sport	Sport Marketing	8	1 nd Semester	LM47-19	CV2 ¹
Diritto dell'Informazione e della Comunicazione	Information and Communication Law	6	2 nd Semester	LM47-17	CV1 ¹
Diritto del Lavoro	Labor Law	6	2 nd Semester	LM47-18	CV2 ¹
Igiene, Sicurezza e Realizzazione degli Impianti Sportivi	Hygiene and Safety in Sport Facilities	4	2 nd Semester	LM47-03A	CV1 ¹
Tirocinio	Internship	4	2 nd Semester	LM47-07	No Mark

¹ Curriculum 1/ CV 1: Management

¹ Curriculum 2/ CV 2: Legal Administrative Management





1st YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>SSD</u>	<u>NOTE</u>
Organizzazione e Valutazione dell'Allenamento e Fondamenti di Sport Olimpico	Organization and Evaluation of Training and Principles of Olympism	12	Annual	LM68-04	
Psicologia dello Sport e Pedagogia dello Sport Integrato	Psychology and Pedagogy of Sport	12	Annual	LM68-05A	
Fisiologia e Biomeccanica dello Sport	Exercise Physiology and Sport Biomechanics	10	Annual	LM68-03A	
Sport Individuali 1: Atletica Leggera e Triathlon	Individual Sports 1: Track and Field and Triathlon	9	Annual	LM68-06F	
Sport Acquatici 1	Water Sports 1	9	Annual	LM68-06D	
Sport di combattimento 1	Combat Sports 1	9	Annual	LM68-06E	
Giochi Sportivi di Squadra 1	Team Sports 1	9	Annual	LM68-06G	
Anatomia Funzionale e Traumatologia dello Sport	Functional Anatomy and Sport Traumatology	10	1 st Semester	LM-68-01A	
Biologia e Biochimica Applicate allo Sport	Biology and Biochemistry Applied to Sport	9	1 st Semester	LM68-02A	

2nd YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>SSD</u>	<u>NOTES</u>
Sport Individuali 2: Atletica Leggera e Triathlon	Individual Sports 2: Track and Field and Triathlon	9	Annual	LM68-10F	
Sport Acquatici 2	Water Sports 2	9	Annual	LM68-10D	
Sport di Combattimento 2	Combat Sports 2	9	Annual	LM68-10E	
Giochi Sportivi di Squadra 2	Team Sports 2	9	Annual	LM68-10G	

Endocrinologia e Medicina dello Sport	Endocrinology and Sport Medicine	12	1 st Semester	LM68-07A	
Legislazione Sportiva e Sicurazione Sanitaria	Sport Laws and Health Safety	8	1 st Semester	LM68-08	
Preparazione Fisica e Recupero dell'Atleta Infortunato	Physical Performance and Recovery of Injured Athlete	8	2 nd Semester	LM68-09	
Tirocinio	Internship	7	1 st /2 nd Semester	LM68-11A	No Mark



LM 67INT (Master) - HEALTH AND PHYSICAL ACTIVITY

<u>SUBJECT</u>	<u>ECTS</u>	<u>SSD</u>	<u>OFFERED IN</u>	<u>EXAM</u>
Biomedical Issues Health and Exercise *	15	LM67I-1B	09 October – 27 October	from 22 to 27 November
Changing Behavior Towards a Lifelong Health Lifestyle: From Childhood to Adulthood *	15	LM67I-2B	27 November - 15 December	from 17 to 22 January*
Movement Therapy and Physical Activity for Elderly and Special Population **	15	LM67I-3B	22 January – 9 February	from 6 to 11 March**
Research Methodology **	15	LM67I-5A	11 March - 27 March(included Saturday 16th and Saturday 23rd	from 29 April to 6 May**

NOTES

Each module consists in 3 Intensive Weeks

* The result of the exam will be register during the session in February

** The result of the exam will be register during the session in July

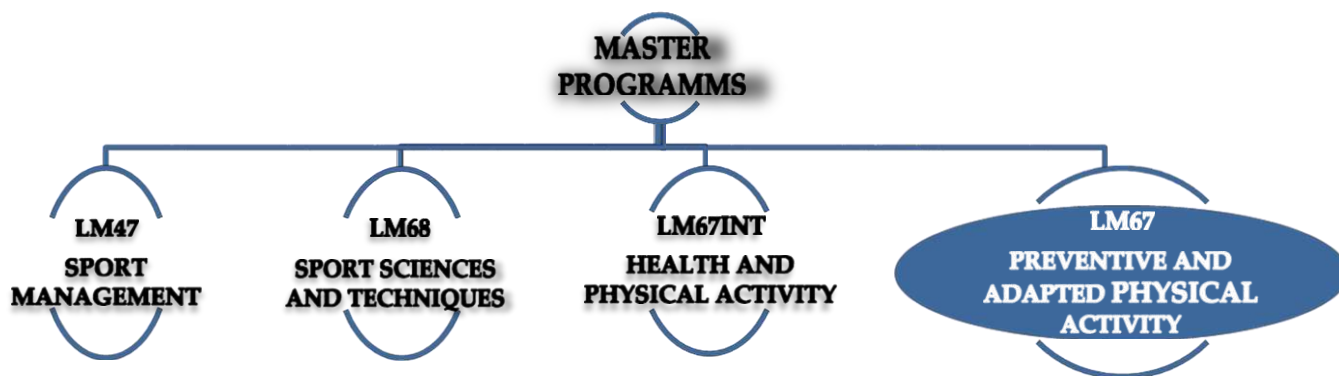
These subjects are addressed to master students with a minimal of 180 credits

For each subject, a maximal of 5 Erasmus students can be accepted. A selection will be made in July.

Useful Information: <http://www.europeanmasterhpa.eu>

The all program is offered in English language.





1st YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NOTE</u>
Adattamenti Biologici dell'Attività Motoria	Biological Adaptations to Exercise	12	Annual	LM67-03A	
Metodi e Tecniche Perla Valutazione della Capacità e della Prestazione Motoria	Methods and Techniques for Functional Evolutions and Motor Capability	11	Annual	LM67-07A	
Attività Motorie per l'età Evolutiva e gli Anziani	Physical Activity for Children, Adolescents and Older Adults	10	Annual	LM67-02	
Attività Motorie per la Salute e l'Efficienza Fisica	Physical Activity for Health and Fitness	10	Annual	LM67-01	
Medicina Interna ed Endocrinologia Applicate alle Attività Motorie	Internal Medicine, Endocrinology and Adapted Physical Activities	10	Annual	LM67-06	
Informatica Applicata	Computer Science	1	1 st Semester	LM67-04	No Mark
Lingua Straniera: inglese	English	2	1 st Semester	LM67-05	No Mark

2nd YEAR

<u>MATERIA</u>	<u>SUBJECT</u>	<u>ECTS</u>	<u>TERM</u>	<u>CODE</u>	<u>NOTES</u>
Pedagogia e Psicologia dell'Attività Motoria	Pedagogy and Psychology of Physical Activity	12	Annual	LM67-09A	
Attività Motorie per Popolazioni Speciali	Physical Activity for Special Population	10	Annual	LM67-08A	
Posturologia, Traumatologia e Rieducazione Neuro-Motoria	Posture, Traumatology and Neuromata Rehabilitation	10	Annual	LM67-10A	
Sociologia della Prevenzione, Epidemiologia ed Educazione Sanitaria	Sociological Issues of Preventive Medicine, Epidemiology and Health Education	10	Annual	LM67-11A	
Tirocinio	Internship	8	1 st / 2 nd Semester	LM67-12	No Mark





UNIVERSITÀ DEGLI STUDI DI ROMA "FORO ITALICO"

AFS (Attività Formativa a Scelta) ELECTIVE COURSES

Elective courses (AFS) enable students to broaden their studies by being able to choose from a wide range of academic subjects that usually focus on a specific occupational field.

At the end of the attendance, **AFS will give you ECTS credits but NOT MARK. Each elective course carries 4 ECTS credits.** Students can only attend 1 AFS per semester. Not more than 3 Erasmus students can attend a single AFS.

The "Sport Group" is an annual subject. These subjects have been grouped as: **AFS-382E - METODOLOGIA ED ESERCITAZIONI PRATICHE DEI GRUPPI SPORTIVI DI ATENEIO 5.** It will give you 4 credits for the entire year. In the Learning Agreement, if you are an "**Annual student**", you can insert **2 AFS + AFS-382E.**

Elective courses (AFS) may be freely selected from the list of available courses. This list may vary from year to year.

