Curriculum Vitae
ATTILIO PARISI, M.D.

Attilio Parisi

Full Professor (M-EDF/01)

PERSONAL DETAILS

Born in Rome, on February 27, 1960.
Married. One daughter.
Phone: (+39) 06 36733296-303 (University)
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ACADEMIC BACKGROUND

1988	Graduated in Medical Sciences at the Rome University "La Sapienza"
1994	Specialisation in Sports Medicine at the Rome University "La Sapienza"
1993	Professor of Sports Medicine and First Aid at the Higher Institute of Physical Education, Rome
1995	Confirmed Professor (MED/09) at the Higher Institute of Physical Education, Rome
From 1997 to August 2008	Director of Institute of Sport Medicine of Rome
From 1998 to 2010	Professor in the School of Specialization at Sports Medicine University "Tor Vergata", Rome
From 2007 to 2017	Associate Professor of MEDF/01, University of Rome "Foro Italico"
From 2010 to 2012	Director of Life Long Learning Centre University of Rome – "Foro Italico
From 2013 to 2015	Head of "Laurea Magistrale - Higher Degree" in Preventive and Adapted Physical Activity
From 2016 to February 2017	Senate Committee Member University of Rome – "Foro Italico"
From 2017	Chairman of the University Evaluation Board of University of Rome "Foro Italico"
From 2017	Full Professor of MEDF/01, University of Rome "Foro Italico"
From 2018	Member of Academic Senate - University of Rome "Foro Italico"
From Nov 2018 to Oct 2019	Pro Rector - University of Rome "Foro Italico"

From Nov 2018 to Oct 2019	Head of "Laurea Magistrale - Higher Degree" in Preventive and Adapted Physical Activity
From Nov 2019	Rector - University of Rome "Foro Italico"

PROFESSIONAL ACTIVITIES

1989-2000	National team physician of Italian Federation of Modern Pentathlon
From 2000	Medical chief of Italian Federation of Modern Pentathlon
From 2000 to 2016	President of Sport Medicine Association of Rome
From 2016	National Council Member of Italian Federation of Sports Medicine

Bronze Medal to Sport Career
Silver Medal to Sport Career

SCIENTIFIC ACTIVITIES

The scientific activity of Attilio Parisi was continuous. He addressed his studies on several topics which are summarized in brief:

- **Cardiovascular response to exercise and training**
- **Epidemiological, prophylactic and therapeutic aspects of sport activities**
- **Sport Nutrition**
- **Antidoping**
- **Preventive and Adapted Physical Activity**

He supervised the following research projects:

- "Selection of hematological parameters suggestive for the assumption of rHu-Epo: a pilot study" (Conv No. 2004-18) - Ministry of Labor, Health and Social Policies – 2004

- "The diffusion of motor culture and food education for a correct lifestyle: pilot project". Sub-project B: Pilot study on the eating habits of pre-school and primary school children. Regional Directorate for Education, Training and Right to Education of the Lazio Region - direct regional interventions - Det. del 19/12/2005 n. D5714 - 2005

- "The diffusion of motor culture and food education for a correct lifestyle ". Sub-project B: Food education for parents of primary school children. Regional Directorate for ESF Professional Training and other co-financed interventions - Det. Dirigenziale n. D4345 del 27/11/2007 – 2007

- "The University with the school for a correct life style "Lazio Region-Social Department. Education, school offer, training, right to education - (Det. N. D3651 del 6.11.2009 – 2009

- "Survey and preliminary research on the evaluation of previous non-academic credits" Funded by the Lazio Region - Social Department, Regional Directorate for Vocational Training, ESF and other co-financed interventions. - Det. n. D0087 del 18.01.10 and Det. n. D0762 del 23.02.10). Rome, 22.03.10-30.11.10. – 2010

- Scientific Coordinator of Erasmus Plus Project: "Dancing with Health". 2017

- Scientific Coordinator of Erasmus Plus Project: "Happy Bones". 2020

He took part to the following research projects:

- "Evaluation of the effects of whole body vibrations on the parameters of strength and flexibility in athletes." University of Rome "Foro Italico"– 2002
- "Evaluation of the effectiveness of martial prophylaxis in sports practice: a pilot study." University of Rome "Foro Italico"
- "Supplementation with products of plant origin: use and impact on the health of athletes ". Italian Ministry of Health- Cod. 30/2008 – 2007
- "Analysis of physical activities carried out by players of different roles during the race: comparison between the different European football realities" University of Rome "Foro Italico" – 2008
- "Implications of RNA-seq in the detection of anabolic steroid use and harnessing of the molecular mechanism of muscle memory". World Anti-Doping Agency (WADA) - Reference number: ISF16E11FB – 2016

In addition, he took part in PRIN "Exercise training in preventing and counteracting muscle wasting: the role of redox homeostasis". – 2014

Speaker at many National and International congresses and author of more than 100 scientific publications, in 2022 published.

Books

1. I farmaci "doping" nel repertorio farmaceutico italiano
Silvij S., Crimi R., Gasbarrone E., Parisi A, Pigozzi F., Tranquilli C.
Printes by Sports medicine Association of Rome, 1990.

2. Manuale di medicina dello sport
Pigozzi F., Parisi A.
Ed. Universo, 1995.

3. Alimentazione nello Sport
McArdle W.D., Katch F.I., Katch V.L. (Revisione a cura di: Parisi A.)
Ed. Ambrosiana, June 2001.

4. Clinical Sports Medicine- Medical Management and Rehabilitation. (Frontera WR, Herring SA, Micheli LJ, Silver JK) Pigozzi F, Giombini A, Fagnani F, Parisi A. : Chapter "The role of diet and nutritional supplements." Saunders Elsevier, Philadelphia USA.

5. Orthopaedic Sport Medicine: Principles and Practice (Margheritini F., Rossi R.) Parisi A., Giombini A: Chapter "Nutrition". Springer-Verlag, 2011

6. Attività fisica per la salute II Edizione (Buono P., et al.)
Pigozzi F, Borrione P, Parisi A: Chapter "Attività Fisica Preventiva e Adattata in altre patologie di interesse sociale" , 2017

7. Attività Fisica per la salute III Edizione (Buono P., et al.)
Pigozzi F, Borrione P, Parisi A: Chapter "Attività Fisica Preventiva e Adattata in altre patologie di interesse sociale", 2020