## Didactic Programme
#### 19 – 21 February 2020, Rome, Italy

**Wednesday, 19 February 2020**  
**Venues: University of Rome “Foro Italico”, SS Lazio Sport Center**

<table>
<thead>
<tr>
<th>Time</th>
<th>Contents</th>
<th>Venue</th>
</tr>
</thead>
</table>
| 8:30 – 8:45   | Official welcome and introduction  
• Antonio Tessitore (University of Rome Foro Italico)  
• Rafael Ballester (Catholic University of Valencia) | University of Rome Foro Italico room: MA5 |
| 8:45 – 9:45   | Chair: Rafael Ballester  
Lecture: “Perceptual-cognitive training: transfer to field protocols”  
• Antonio Tessitore (University of Rome Foro Italico) | University of Rome Foro Italico room: MA5 |
| 9:45-10:15    | Break                                                                   |                                            |
| 10:15-12:15   | Chairs: Antonio Tessitore, Rafael Ballester  
Lecture: “Weekly organization and approach to the match: the first team perspective”  
• Massimiliano Farris (Assistant coach SS Lazio)  
• Fabio Ripert (Head of Strength and Conditioning SS Lazio) | University of Rome Foro Italico room: MA5 |
| 12:30         | Lunch                                                                   | University of Rome Foro Italico Canteen    |
| 13:30         | Transfer to SS Lazio Sport Center                                      |                                            |
| 14:30 – 18:30 | Visit to SS Lazio                                                       | SS Lazio Sport Center  
Via di Santa Cornelia, 1000  
00060 Formello (Rome) |
Thursday, 20 February 2020  
Venues: University of Rome “Foro Italico” - Olympic Preparation Center “Acqua Acetosa”

<table>
<thead>
<tr>
<th>Time</th>
<th>Contents</th>
<th>Venue</th>
</tr>
</thead>
</table>
| 8:30 – 10:30 | Chairs: Florentino Huertas, Rafael Ballester  
Lecture “La emergencia del juego de ubicación“  
• Isaac Oriol Guerrero (Deputy Director Methodology Area & Head of Coaching FC Barcelona) | University of Rome Foro Italico  
room: PM1                                                                                           |
| 10:30 - 11:00| Break                                                                                                                                                                                                                                                                                                                                       |                                                                                             |
| 11:00 – 12:00| Chairs: Florentino Huertas, Rafael Ballester  
Lecture: “Weekly organization and approach to the match: the youth team perspective“  
• Marco Montini (Strength and Conditioning U18-U21 Italian National Team) | University of Rome Foro Italico  
room: PM1                                                                                           |
| 12:00-13:00  | Chairs: Florentino Huertas, Rafael Ballester  
Lecture: “Weekly organization and methodologies: the academy perspective“  
• Mirko Manfrè (Technical Director of AS Roma Academy ) | University of Rome Foro Italico  
room: PM1                                                                                           |
| 13:15        | Lunch                                                                                                                                                                                                                                                                                                                                     |                                                                                             |
| 14:15        | Transfer to AS Roma Academy                                                                                                                                                                                                                                                                                                            |                                                                                             |
| 14:30 – 19:00| Visit to AS Roma                                                                                                                                                                                                                                                                                                                          | AS Roma Academy  
Largo Giulio Onesti, 1  
00199 Rome                                                                                           |
Friday, 21 February 2020  
Venue: University of Rome “Foro Italico”

<table>
<thead>
<tr>
<th>Time</th>
<th>Contents</th>
<th>Venue</th>
</tr>
</thead>
</table>
| 8:30 – 10:30| Chairs: Florentino Huertas, Antonio Tessitore  
Lecture: “Learning, training and measuring organised and non-organised components of football”  
• Jaime Sampaio (University of Trás-os-Montes and Alto Douro) | University of Rome Foro Italico room: MA5         |
| 10:30-11:00 | Break                                                                                       |                                                 |
| 11:00-12:30| Chairs: Florentino Huertas, Antonio Tessitore  
Lecture: “Different methodological approaches and learning models”  
• Stefano Baldini (Football Technical Areas R&D Manager Juventus FC Academy) | University of Rome Foro Italico room: MA5         |
| 12:30-13:00| Closure  
• Florentino Huertas (Catholic University of Valencia)  
• Antonio Tessitore (University of Rome Foro Italico) | University of Rome Foro Italico room: MA5         |