

STUDY PROGRAM RULES & REGULATIONS

EUROPEAN MASTER IN HEALTH AND PHYSICAL ACTIVITY

(Course Class LM 67-I)

(approved by the Faculty Council on 21 July 2014 – approved by the Senate on 27 October 2014)

Art. 1 – Establishment of postgraduate course

1. The European Master in Health and Physical Activity, international course code LM 67 (M. D. 16 March 2007), has been established at the Department of Movement, Human and Health Sciences of the University of Rome “Foro Italico” in partnership with the University of Vienna, the Southern University of Denmark (Odense), The Norwegian School of Sport Sciences (Oslo) and the German Sport University (Cologne).
2. The postgraduate course has been set starting from academic year 2010/2011 and then modified since academic year 2013/2014.
3. The Department of Movement, Human and Health Sciences of the University of Rome “Foro Italico” is the coordinating Institution responsible for the European Master in Health and Physical Activity. Training and research activities shall take place at facilities of the University of Rome “Foro Italico” – P.zza L. De Bosis, 6 – 15 Rome and at the other European partner universities.
4. This study program’s regulations have been prepared and approved by absolute majority by relevant Program Board upon check on legitimacy and merit by the Academic Senate in its Education Coordinating duties, according to art. 30, clause 5 of University Statute.
5. Present regulation has been drawn up in compliance with ordinances a.y. 2013/2014 according to art. 12 of University Academic Regulations, respecting teaching freedom principles and rights and duties of teachers and students.
6. Present regulation has been issued through Rector’s Decree according to art. 30 of the Statute.

Art. 2 - Authorities

1. According to art.23 of the Statute of the University of Rome “Foro Italico, the course shall be managed independently by the Program Board, consisting of tenured professors

from the 5 partner universities who lecture in there and of one students' representative. According to art. 19 of the University Rules, each partner university's rector or legal representative shall appoint one representative as member of the Executive Board. On the basis of international agreements, University of Rome "Foro Italico" 's representative is appointed by the Academic Senate as Chairperson of the course.

2. The Program Board shall meet at least once a quarter and every time the teaching offer has to be defined. It can also act by giving specific mandate to the Executive Board.
3. The Program Board shall carry out the following functions:
 - a) in agreement with various involved bodies, it oversees the organization of the Course and suggests its program.
 - b) it oversees balanced organization of planned teaching activities and coordinates their content and execution
 - c) it guarantees quality and transparency in the management of the course and ensures its representation in the various authorities

Program phase

- d) it prepares and approves by absolute majority pertaining Course Teaching Rules upon check on legitimacy and merit by the Academic Senate in its Education Coordinating duties.
- e) it prepares and approves by absolute majority pertaining Program regulations and relevant annual teaching offer, upon check on legitimacy and merit by the Academic Senate in its Education Coordinating duties.
- f) it sets admission requirements to the postgraduate course.
- g) it deliberates on ECTS recognition as per art. 22 of the University Academic Regulations.
- h) it approves any modification to the Study Regulations upon check on legitimacy and merit by the Academic Senate in its Education Coordinating duties.
- i) it approves yearly teaching offer.
- j) it deliberates on the coherence between credits assigned to learning activities and learning outcomes indicated in the regulations heard the Joint Teaching Committee professors/students.

Delivery phase

- k) it submits ways of determining exam calendar

- l) it advises on Study calendars prepared by the Teaching Committee.
- m) it appoints, upon proposal of subjects' incumbent professors, Examination committees.
- n) it appoints, within limits set by Study Regulations of the postgraduate course, experts with the required scientific and teaching qualification upon proposal of the committees' Chairpersons.

Monitoring phase

- o) it checks and monitors Study Course performance data.
- p) it verifies effectiveness of improvement interventions
- q) it plans new interventions to be implemented

Evaluation phase

- r) it prepares, periodically, evaluation and self evaluation reports according to ANVUR's recommendations (National Agency for the Evaluation of Universities and Research Institutes)
4. Teachers appointed in the Executive Board and the three students enrolled in the program and designated by the Students' Representatives Council, or alternatively nominated yearly among enrolled students, form the Joint Students/Teachers Committee (CP) as per art. 12 clause 3 MD270/2004
 5. In the event of the establishment of a Joint Students / Teachers Committee at university level, the functions of the CP of the Course are carried out by the CP of the university, as long as the CP shall decide in a way strictly related to the course of study.

Art. 3 – Educational aims and description of the program

The development of the course is among the general objectives indicated in "Guidelines for definition of new education regulations" which identify orientations in view of MD 270 implementation. In particular, it sets out targets favoring the convergence of European Higher Education systems and the creation of an European Higher Education Area. It responds to the need of creating international university programs, whose structure includes studying periods abroad and guarantees an education towards both high professional opportunities and research activities, by making use of regular curricular internships.

In this general framework, Master graduates in Health and Physical Activity shall be able to integrate at high level their knowledge of movement sciences, into biomedical, psycho-pedagogical and sociological ones and, in particular, pertaining the use of movement science in the preventive and rehabilitative area, in different age groups.

In this regard, the course offers a learning outcome guaranteeing the acquisition of professional knowledge, competences and the ability to upgrade techniques and theories utilizing research sources, enabling to plan, develop and manage programs of physical and sport activity:

- Contributing to the promotion of fitness and wellness, to individual and public health, and to the prevention of risk factors, in particular those relevant to chronic diseases;
- Being part of the rehabilitative process, in cardiovascular, orthopedic, traumatological, neurological areas;
- Designed for different age groups, by specializing in exercise activities for children, adults and the elderly;
- Designed for disabled populations.

In addition, graduates shall be able to deliver the above listed activities autonomously, also taking charge of projects and structures, and developing ability to increase and maintain participants' motivation to keep doing physical activity in different groups and under various conditions. They shall be able to perform a diagnostic screening aimed to calibrate and customize physical and sport activity programs, then monitoring their execution. In the end, they shall be able to apply scientific methodology for the promotion and development in the health and physical activity area. These learning outcomes, in view of their complexity, require highly specialized and diversified competences which are hard to find in one single place. To this end, large European interdisciplinary synergies, such as those our course avails itself of, are essential. In fact, consortium universities are from 5 different European countries (Austria, Denmark, Germany, Norway, Italy), a network experienced in the previous European Master editions (European Master on Preventive and Adapted Physical Activity - 120 ECTS, European Master on Health and Physical Activity - 120 ECTS) financed by MIUR (Italian Ministry of Education, University and Research) and coordinated by IUSM since 2002. In addition to consortium countries, experts from other European universities contribute (countries such as Netherlands, Belgium, France, Portugal, Greece and others, which have already participated to the above mentioned programs).

Through partnership among European universities of partner countries, it is guaranteed release of degree valid in all relevant countries.

The course takes place at the University of Rome "Foro Italico" in the first year and at all consortium institutions in the second year. It is fully in English (teaching, tutoring, exams, essays, thesis and final discussion).

First year is made up of 4 intensive Modules (80 teaching hours each), 320 teaching hours in total, complemented by tutoring, making a total of 60 ECTS. The program is aimed to examine basic subject matters relevant to biological, medical, psychological, educational, technical and methodological basis of sport and physical activity, as well as to research methodology. It also provides an introductory study on specific needs related to health, disabilities or temporary/permanent limitations in the various ages and health conditions.

First semester of the second year is devoted to examine the following subject matters: Health and Fitness; Children; Elderly; Movement Therapy and Special Populations; Sport Psychology. This semester program is made up of minimum two intensive courses and internships, making a total of 30 ECTS, in at least two consortium institutions, of which one other than student's own country institution. Thereafter an evaluation and a report (always in English) shall be issued. Second semester of the second year is fully devoted to the preparation of final dissertation (30 ECTS). Quality assurance activities shall be implemented every year, through program evaluation from the students and monitoring of the course of studies, in terms of passed exams, length of course of studies, drop-out rates. Cyclically, monitoring of post graduation career will be object of follow-up analysis.

Art.4 – Learning outcomes

Knowledge and understanding

The program is meant to provide students with an advanced knowledge of themes applied to the movement sciences, such as biology, medicine, psycho pedagogy, sociology, movement and sport methodology, allowing understanding of physical activity peculiarities in the various age/health conditions and settings, disabilities or temporary/permanent limitations.

To achieve these aims traditional lessons and exercises shall be used following conventional teaching methods. Acquisition of relevant knowledge shall be verified by written or oral tests at the end of teaching activities, within various teaching modules.

Applying knowledge and understanding

The program will educate highly qualified professionals, combining technical skills and management qualifications with a sound cultural background and a high-level specialist education acquired in a European context.

This professionalizing education will find a practical realization in different employment opportunities, ranging from public health services to private health companies, workplace health promotion, physical re-education and rehabilitation, adapted physical activity for special groups, fitness or wellness clubs, social services, schools, leisure and recreation, tourism industry, etc.

To achieve these aims internship activities at the partner institutions shall be used. Acquisition of relevant knowledge shall be verified by different evaluation systems, in accordance with tutors and procedures of partner institutions.

Making judgements

The acquisition of specific knowledge and professional skills will guarantee the graduates to develop autonomy in understanding and focusing on the specific problems connected with planning, organising, coordinating or conducting physical activity programs specially meant to different populations/requirements.

To achieve these aims, exercise activities and internships shall be used and students shall be encouraged to do critical reviews on specific subjects freely chosen or suggested by teachers. Their ability to work autonomously shall be verified through the organization and development of individual projects that students shall carry out in various training situations and sites, in particular during internships.

Communication skills

The program is specifically designed to increase the communication skills of the graduates in an European perspective. Actually it is part of the process of European integration and the internationalisation of the university system. Its aim is to contribute to the expansion of student

and Faculty mobility and the development of European curricula and titles and joint degrees. The curriculum will be developed in English and an advanced course of English as well as an extra-language study are part of the teaching plan. The program is also conceived to give an implementation of informatics skills

These abilities shall be developed within teaching modules through exercise activities. Final dissertation shall allow verification of communication skills.

Learning skills

To give to the graduate autonomous learning skills is one main goal of the program. After the intensive teaching and internship periods, supplemented by tutoring, guided study, and some recourse to distance learning procedures, graduates should be able to continue the studies independently, utilizing study resources and skills learned during the curricula. This learning skills will be useful both for professional implementation and research purpose.

These aims shall be achieved through focused teaching activities, such as tutoring and e-learning. Above mentioned skills shall be verified during writing and dissertation of final paper.

Art.5 – Employment and professional opportunities

The professional field which utilizes competences pertaining planning and management of health and physical activities, whose expert can interact at different levels with health specialists, does not have a specific ISTAT (Italian National Institute of Statistics) code yet, although request of such experts is at present on the increase.

Present professional profile of teacher, coaching and alike, described under ISTAT code 3.4.3 is too partial and generic with respect to the real level of specialization of professionals in the Health and Physical Activity area. The only applicable entry is that relevant to code 3.4.3.3.0, which describes the profession of fitness advanced teacher/personal trainer.

ISTAT code 2.6.5.1 partially identifies specialists who are able to plan, deliver and manage physical activities specifically designed for disabled people. These, of course, would have a different role from the special aid teacher, whose activity is not confined to physical and sport activity and thus requires additional specific studies.

Finally, it is necessary to clarify that graduates would perform their activity in an ever changing field. In fact they have to interpret concepts, scientific theories and norms, applying them to solve real problems, contributing to increase present knowledge of the subject, hence working in

a field similar to the Life Sciences Specialist's (2.3.1). They could intervene, as indicated in Health Enhancing Physical Activity from the Whitepaper on the Sport presented by the EU Commission in July 2007 (http://ec.europa.eu/sport/whitepaper/wp_on_sport_it.pdf) in the field of illness prevention and wellbeing, activities fitting ISTAT group 2.4 (Health Specialists), in which however no specific available code is suitable.

Thus, the following employment and professional fields have been identified, both at public and private structures:

Health and Fitness

To plan, deliver and manage exercise programmes designed to improve fitness and wellness, individual and public health, as well as to prevent risk factors, in particular those related to chronic diseases.

Therefore, graduates shall be able to carry out activities as:

- Advanced fitness teacher/personal trainer (ISTAT 3.4.3.3.0)
- Trainer specialized in Physical Activity and Wellness
- Public Health promoter
- Manager of Fitness and Health activities

Children

To plan, deliver and manage exercise programs specifically designed for the developmental age, aiming to healthy growth of the individual and to the prevention of chronic diseases in children, such as obesity.

Elderly

To plan, deliver and manage exercise programs specifically designed for the elderly, aiming to the maintenance of psycho-physical health conditions, to the prevention and therapy support of chronic and degenerative diseases, and to the maintenance of movement and rehabilitation.

Movement Therapy and Special Populations --

To plan, deliver and manage exercise programs aiming to movement re-education and rehabilitation of orthopaedic, traumatological, cardiovascular and neurological pathologies.

To plan, deliver and manage exercise programs specifically designed for disabled people.

Art. 6 – Qualification, admission rules and admission plan

1. Admission to the postgraduate course is determined depending on the real availability of teaching and scientific facilities and equipment. Ordinances pertaining local admission plan are deliberated yearly according to art. 18 clause 11 of the University Study Regulations.
2. Applicants for admission to the Postgraduate course shall have an undergraduate degree, or other equivalent degree, even acquired abroad, recognized as valid on the basis of the course's minimum study curriculum requirements and ascertained at the time of admission to the postgraduate course.
3. In addition to the relevant qualification, admission to the postgraduate course is subject to possession of specific curriculum's requirements and of appropriate personal knowledge.

To be admitted to the European Master in Health and Physical Activity, which is entirely conducted in English (teaching, tutoring, exams, essays, thesis and final dissertation), students shall be in possession of the following requirements:

- basic knowledge of main biological and biochemical processes in human body, of its anatomy and physiology, allowing understanding of how it works in the various levels and how it adapts following physical exercise;
- basic knowledge of human movement biomechanics;
- basic medical-clinical, hygienic-sanitary and nutritional knowledge relevant to physical exercise and sport and physical activity.;
- basic knowledge in psychology and pedagogy;
- basic knowledge in movement techniques and in teaching methodologies for directing and managing sport and physical activity.

In addition, all students shall have an advanced knowledge of English language (level B2/C1) and basic knowledge in the use of computer and its main programs (word, excel, powerpoint).

Possession of entrance requirements shall be ascertained through evaluation of first-level of study curriculum, followed by an entrance test made up of multiple choice questions relevant to the curriculum subjects of first-level degree in Movement Sciences, of an

evaluation of English knowledge and of a final interview. Evaluation results would allow identification of personalized tutoring in order to guarantee a reasonable homogeneity among students' basic competences.

Selection shall be carried out by a consortium Teaching Board, jointly appointed by partner universities.

4. In consideration of the course's specific learning outcomes, the following curriculum's requirements are compulsory:

- At least 12 ECTS in the biomedical area;
- At least 4 ECTS in the psychological – pedagogical –sociological areas;
- At least 12 ECTS in the physical education/ Sport/Movement sciences, and Kinesiology areas, with special regard to the basis of adapted and preventive physical activity

Such compulsory curriculum's requirements, indicated in terms of area and ECTS, correspond to the general contents of some subjects of the undergraduate degree which are preparatory and necessary to the acquisition of more advanced and specific competences called for in the European Master in Health and Physical Activity.

Graduates holding a qualification other than a bachelor degree in Sport Sciences' area shall provide the Entrance Selection Secretariat with a diploma certificate indicating passed exams and relevant ECTS as well as with any other documentation useful for the evaluation of the compulsory curriculum's requirements.

Art 7 – Duration of program and qualification awarding

1. To be eligible for a degree award, students shall have acquired at least 120 ECTS irrespective of number of years enrolled at the university.

The European Master in Health and Physical Activity is a two-year program. On the basis of signed bilateral agreements, consortium universities shall release respective national second-level degree titles, as here specified:

- In Italy: Laurea Magistrale in Attività Fisica e Salute (Classe LM 67);
- In Norway: Master I idrettsvitenskap;
- In Austria: Master of Science;

- In Denmark: Cand. Scient. I Idrate og Sundhed (equivalent qualification)
- In Germany: Master's Program in Health and Physical Activity .

2. No limitations are set to progression within the program.

3. The student shall take all exams of attended courses by the winter session of relevant academic year.

Art. 8 – Transfer to other courses of the same Course Code

1. The Academic Senate shall establish yearly quota of students allowed to transfer.
2. Students enrolled to postgraduate courses, in years following the first one, at the University of Rome “Foro Italico”, can ask to be transferred and admitted to other postgraduate courses run at our university from the 1st of August to the 31st of December.

Art.9 - Recognition of credits

Students admitted to the first year of the European Master in Health and Physical Activity can ask for recognition of exams and relevant ECTS taken in other second-level courses. Applications shall be forwarded to the Chairperson of the program together with verified documentary evidence (certificate listing passed exams complete with mark and acquired ECTS, released by the Students Secretariat, program of the course). The Chairperson shall submit all documents to the professor in charge of the exam to be recognized who shall approve it or not, on the basis of the program, acquired ECTS, learning outcomes. While waiting for the evaluation, to be completed before the end of the first semester, students shall regularly attend all first-semester, first-year lessons.

Maximum number of ECTS is set at 60, according to the following procedures:

- 20 ECTS for training activities carried out in other contexts, except for those already carried out and recognized in the previous first-level course.
- 60 ECTS for study activities and exams taken abroad.
- 15 ECTS for training activities autonomously chosen by the student, even offered in other Faculties of other universities, as long as they are based on specific agreements with the University of Rome “Foro Italico”

- Up to 4 ECTS for participation to seminars, congresses or events provided that they are consistent with Study Course's learning project and subject to verification of actual participation. In particular, it is recognized 0.1 ECTS/ hour of participation.

In addition, it shall be possible admission to the second-year for those students who hold a first-level degree corresponding to 240 ECTS, of which 60 overlap first-year teaching activities of the European Master in Health and Physical Activity.

Art. 10 – Execution of teaching activities

1. Organization of teaching periods

Teaching shall take place according to the Study time-table in compliance with art. 19 of University Study/Academic Regulations of the University of Rome "Foro Italico" and are organized, as a rule, within one single semester, or extend along two semesters, provided they are consecutives, depending on the pertaining number of ECTS.

2. Number of exams

Maximum number of subjects which results in exams or final evaluations shall be 5, corresponding to the evaluation of modules in which the program is organized. Compulsory or elective activities shall be considered in the number of exams or final evaluations. Exams or evaluations relevant to elective activities are counted as corresponding to 1 exam.

3. Teaching methods

Mixed

4. Assessment

Achievement of learning outcomes of basic, compulsory or elective teaching activities shall be evaluated through exams, in compliance with relevant Study Regulations in force in each consortium institution.

5. Type of evaluation (out of 30, qualified, approved)

Assessment shall result in a score (exams) according to the European scale (A-F) and the Italian scale (0-30) or in a positive or negative judgement.

In order to pass the exam it shall be necessary to reach the minimum mark of E (18/30). Any distinction, in addition to the maximum mark of A (30/30), shall be subject to the unanimous evaluation of the Examination Committee or sub-committee.

6. Composition of examination committees

Examination committees are appointed by the Study Degree Board, in compliance with relevant Study Regulations in force in each consortium institution.

Art. 11 – Annual Teaching Offer

Program Board shall elaborate and approve the annual Teaching Offer, as a part of the Study Regulations (in attachment) which is changeable and to be defined every year.

Art. 12 – Part-time students

Admission as part-time student is not allowed.

Art. 13 – Attendance

1. Students shall attend all expected activities for at least 90 % of total timetable. The professor in charge shall verify, as per modalities set by himself/herself, attendance to his/her own classes.

Students who have not reached expected attendance shall not sit relevant exam. Students who have not reached total attendance in the pertaining year shall repeat the whole module.

Art. 14 – Final examination for degree awarding

1. In order to be awarded the second-level degree, students shall present a written paper/thesis elaborated in a original way under guidance of a supervisor about a topic assigned to the candidate, with his/her consent, in a subject chosen by the student among those in the Study Program. In order to be admitted to the final examination, students shall have regularly attended all activities and acquired all expected credits.
 - **ASSIGNED ECTS: 30**
2. The final examination consists of a presentation and defense of a dissertation whose topic is agreed upon by the student and the teacher. It is part of a wider process of evaluation of the expected learning outcomes by students at the end of the study program, and includes:
 - Development, multimedia presentation and discussion of a written thesis, finalized by the student on a topic assigned to the candidate by a teacher (Supervisor) from a discipline among those included in the study program. Both the preparation and the presentation of the thesis is carried out in English
 - The thesis is monitored and approved by the Supervisor and assessed independently by one Reviewer .
3. The thesis presentation and defense, as well as the act of the final proclaim are public.

4. The student may withdraw from the examination until ready to be discharged by the Committee Chair to give course to the evaluation, which takes place without the presence of the candidate or auditors.
5. Committees shall comprise 7 members, being representative of the consortium, with at least 2 of nationality other than that of the candidate, and meets in one of the partner universities.
6. In order to pass the exam it shall be necessary to reach the minimum mark of E (66 marks). Any distinction, in addition to the maximum mark of A (110 marks), shall be subject to ascertained relevance of candidate's obtained results and to the unanimous evaluation of the Committee.
7. Final examination Committees shall express their judgments taking into consideration the whole study course of the student, evaluating both his cultural maturity and his/her own intellectual capacity, as well as the quality of work in the case of thesis.
8. For the Italian score scale, admission mark to the final examination shall be determined as follows: average mark of the exams weighted according to credits divided by 3 and multiplied by 11 (rounding up when over 0,5 and down when less than 0,5).
9. Final degree mark, expressed both according to the European scale (A-E) and out of 110, shall be determined in consideration of evaluations obtained during the whole course of study and in consideration of evaluation obtained in each of the following:
 - a) Supervisor's evaluation (3 points max);
 - b) Reviewer's evaluation (3 points max);
 - c) Joint evaluation of the thesis defence (5 points max).

In case the student fails, he/she shall take again the final examination.

10. Credits exceeding the 120 needed to be awarded the degree shall be recognized in the final evaluation as 1 point each 4 ECTS, up to a maximum of two points.
11. Honors shall be assigned only if the maximum final mark has been reached and upon unanimous approval of the Committee.

Art.15 – Tutoring

1. The Study Course Board shall identify one or more tutors among the Faculty staff for the entrance stage, orientation in the choice of the course, link to the job market stage and students mobility and career check during the training period.

2. Study courses act in agreement with Orientation and Tutoring Service and with other involved structure of the university, in cooperation with Education Institutes and other bodies sharing the same purposes.

Art.16 - Quality of the program delivery

1. Study Course Board shall verify annually quality of delivered activities, through students' survey and regular monitoring of study course, in terms of passing of exams, duration of course of study, drop-out rate, as well as of employment rate of graduates (every two years) through follow-up surveys.
2. Monitoring of quality of performed activities can be made through questionnaires distributed on purpose and through recurring meetings of the Joint Teaching Committee with job market representatives, in order to better link learning outcomes to graduates employment opportunities.
3. Course of Study shall also develop additional self-evaluation activities, in order to ascertain overall student's satisfaction at the end of each attended course with respect to the activity of the teaching staff, received preparation, availability and use of facilities and laboratories, efficacy of organization and services.
4. Collected documentation shall be object of recurring analysis by the Study Course Board and of self-evaluation reports forwarded to the Academic Senate and to the Evaluation Board. They shall also include suggestions to intervene in case of flaws and inconveniences have been identified.
5. Rules pertaining to the evaluation system, recurring self-evaluation and accreditation of the Study course are identified by Law 240/2010 and by Law Decree dated 27th of January 2012 n. 19.

Art.17 – Temporary regulations

1. The university shall guarantee conclusion of Study Courses and release of relevant degrees, according to Teaching Regulations previously in force, to students already registered at the date when new teaching Regulations entered into force. It shall also regulate the possibility for these latest to opt, upon request, for enrolling to study course organized according to the new regulations.
2. Present Regulations shall enter into force following publication of the University Teaching Regulations.

3. Every change to the present Regulations, except for modifications in the Teaching Offer, shall be approved in compliance with procedures indicated in the University Statute.

ANNEX 3 TO THE TEACHING REGULATION
EUROPEAN MASTER IN HEALTH AND PHYSICAL ACTIVITY (LM 67 - I)
CURRICULUM STRUCTURE

Informazioni relative all'effettiva erogazione degli insegnamenti nel'aa 2014-2015					
Cod.	Modulo Intensivo	ECT S	SEDE	Calendarizzazione	DOCENTE RESPONSABILE
1° ANNO					
	Biomedical issues in Health and Exercise	15	ROMA	1 st year, 1 st sem	D. Caporossi
	Changing behaviour towards a lifelong active lifestyle: from childhood to adulthood	15	ROMA	1 st year, 1 st sem	A. Zelli
	Movement Therapy and Physical Activity for Elderly and Special Population	15	ROMA	1 st year, 2 nd sem	C. Wilke
	Research Methodology	15	ROMA VIENNA OSLO ODENSE COLONIA	1 st year, 2 nd sem	S. Loland N. Bachl Y. Ommundsen K. Froberg C. Wilke
2° ANNO					
	Specialised Teaching & Internship on Physical Activity in Disease Prevention and Rehabilitation (2 choices among the teaching offerings of: Cologne, Odense, Oslo, Rome, Vienna, Groningen)	30	Psycho-pedagogic aspect of preventing physical activity (OSLO)	2 nd year, 1 st sem	Y. Ommundsen
			Physical activity and disease prevention in children (ODENSE)		K. Froberg
			Physical activity and disease prevention in adult (VIENNA)		N. Bachl
			Physical activity and disease prevention in elderly (ODENSE)		P. Caserotti
			Movement therapy for special populations (COLONIA)		C. Wilke
			Movement therapy in neurorehabilitation (ITALIA)		L. Guidetti
			Movement therapy in orthopaedic rehabilitation (ITALIA)		P. Mariani
			Sports, Physical Activity & Lifestyle for children with special needs (GROENINGEN)		J. de Jong
	Final exam				
	Language and Communication skills finalised to the thesis presentation	0		2 nd year, 2 nd sem	D. Caporossi
	Thesis	30			
	Totale	120			