The University library has a specialized collection of sports and applied sports science books. It also offers 23 reading desks; 2 video magnifiers for the partially sighted; separate booths for online research; DVD /VHS players; more than 5,600 recent publications and over 900 rare or valuable volumes on sport and physical education; and 2 specialized databases (Sportdiscus, PsycArticles).

The Lifelong Learning Centre organizes training/further education courses for in-service school PE (Physical Education) teachers, Federation coaches and sports professionals in general. At local level, it also promotes cultural programs designed to encourage healthier lifestyles and prevent illness.

The “Foro Italico” University Foundation assists the University in conducting research in the field of health promotion and prevention of disease. Set up in 2013, it runs the University Centre for Sport and Exercise Science which is responsible for certifying athletes’ fitness to take part in competitive, non-competitive or recreational sports activities. The Centre is also recognized by the International Federation of Sports Medicine as a Collaborating Centre of Sports Medicine. The foundation also runs the Strength and Conditioning Centre where Technogym gyms are open daily to the local community in order to promote health and prevent disease by encouraging physical activity and a correct lifestyle.
ACADEMIC COURSES

Three-year Degree Course (Bachelor BSc)
Bachelor in Sport and Exercise Sciences (3 years, 180 ECTS).
In order to be admitted to the degree courses, candidates must hold an Italian school leaving certificate or a foreign academic qualification which has been officially recognised as equivalent.

Two-year Higher Degree Course (Masters MA)
• Preventive and Adapted Physical Activity (2 years -120 ECTS)
• Health and Physical Activity (2 years -120 ECTS, Joint national degree/ Joint European Curriculum)
• Sport Management (2 years -120 ECTS - Curriculum 1: Management; Curriculum 2: Legal Administrative management)
• Sport Sciences and Techniques (2 years -120 ECTS)

PhD Course
Research program in the field of Human Movement and Sport Sciences (3 years)

SERVICES FOR STUDENTS

The Counseling, Tutoring and Job Placement Office provides information and advice on the choice of courses, gives students ongoing support and counsels them throughout their course of studies, and creates a link between the University and the job market.

The University also participates in SOUL, a multi-University platform that provides placement opportunities and career advice for students and graduates in order to bridge the gap between higher education and the world of work.

The Disability Office provides adequate solutions for disabled students’ learning disability and special needs in order to enable them to fully participate in university life. The office deals with specific guidance, counseling, and special arrangements for people who have special needs. It also provides specific technological tools, as well as Sign language interpreting and translation services.

Scholarship and Student Funding
Students are guaranteed the Right to a Higher Education through scholarships and a Bursary Scheme. The Service gives financial support to eligible students (MA and PhD students) for tutoring activities. This service helps and supports students who participate in the Bursary Scheme and ensures that students have access to the Regional Right to University Studies benefits which include the canteen service provided by the Lazio Company for Regional Right to University Studies (Laziodisu) on the University premises.

The Polisportiva “Università Foro Italico” A.S.D. club represents the University in various national and international sports events such as track and field, soccer, futsal, rowing, cycling, judo, karate, swimming, basketball, volleyball, rugby, team-gym, tennis, table tennis, body language and expression.

Due to the affiliation with several Italian Sports Federations (Swimming, Cycling, Track and Field, Table Tennis, etc.), some teams are also involved in professional sports events.

The University Language Centre offers students courses in English, French and Spanish as well as Italian as a Second language to foreign students participating in international exchange programs (Erasmus+ and Cooperation and mobility programs). The Language Centre also promotes applied research in Second Language Acquisition, Specialised Communication and Educational Technology. Courses offered include; General English and Spanish (Course level descriptors B1 and B2); English for specific professional purposes (B1- B1+) and (B2-B2+) for students taking a Master Degree; and Italian as a Second language for European mobility students (at various levels). General French and Chinese for beginners (A1).

The University has well-established International Relations within the Erasmus+ program to foster exchanges between students, teachers, technical and administrative staff. The University currently has agreements not only with European Union universities, but also universities in the Balkans, Albania, Turkey, the United States, Argentina, Russia and Brazil.

The University also has agreements designed to offer a wide range of courses such as Summer/Winter schools for International students wishing to study the Italian language and Italian culture, and which include contributions from illustrious Visiting Professors.